

30-Sep	01-Oct	02-Oct	03-Oct	04-Oct	05-Oct	06-Oct	07-Oct	08-Oct	09-Oct
Krugersdorp	Roadepoort	Pretoria	Pretoria	Pretoria	JHB- Sandton	Town	Pretoria	Pretoria	Pretoria
10:00	09:00	08:00	07:30	09:00	10:00	Time	09:00	07:00	07:00
Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:
Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness
Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:
Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS
Venue: SANSA (South African National Space Agency)	Venue: Walter Sisulu National Botanical Garden	Venue: Transnet Koedoespoort	Venue: Independent Police Investigative Directorate	Venue: Tshwane Leadership Foundation	Venue: The Recovery Foundation	Venue:	Venue: Pretoria National Botanical Garden	Venue: Transnet Klerpark	Venue: Transnet Klerpark
Address: Farm No 502 JQ Hornebeesthoek District Krugersdorp	Address: Walter Sisulu National Botanical Garden, Malcolm Road, Potchefstroom, Roadepoort	Address: Cnr. Lynette street and Koedoespoort Road, Koedoespoort, Pretoria, Gauteng	Address: 114 Modiba Street, City Forum Building, C80 Pretoria (Independent Police Investigative Directorate)	Address: 288 Burgers Park Ln, Pretoria Central, Pretoria, 0001	Address: 41 Pretoria Street Sandton, Johannesburg, 2192	Address:	Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Bummeria Pretoria	Address: 160 Lynette Street Kler Park Pretoria 0186	Address: 160 Lynette Street Kler Park Pretoria 0186
Contact: Samuel Mello	Contact: Ms. Onica Ramapupulla Employee Health & Wellness	Contact: Ms Bonga Billi EAP Manager	Contact: Mr Phuti Makweya Employee Health and Wellness unit	Contact: Louise Katskoane HR and Mobile Site Manager	Contact: Roberto Ferreira	Contact:	Contact: Ms. Onica Ramapupulla Employee Health & Wellness	Contact: Dikeledi Ledwaba	Contact: Dikeledi Ledwaba
Tel: +27 12 334 5022	Tel: 012 843 5227 Email: a.ramapupulla@sanbi.org.za	Cel: 040 583 4386 Tel: 012 842 5182 Email: nokubonga.billi@transnet.net	Tel: 0123990180 Cel: 0727606715 Email: pmakweya@ipid.gov.za	Tel: 012 3236492 Cel: 0767010005 Email: louise@tlf.org.za	Tel: 074 185 6474 Email: roberto@therecoveryfoundation.org.za		Tel: 012 843 5227 Email: a.ramapupulla@sanbi.org.za	Tel: 012 3911 310 Email: dikedledi@transnet.net	Tel: 012 3911 310 Email: dikedledi@transnet.net
Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by:	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic
30-Sep	01-Oct	02-Oct	03-Oct	04-Oct	05-Oct	06-Oct	07-Oct	08-Oct	09-Oct
Krugersdorp	Roadepoort	Pretoria	Pretoria	Pretoria	Town	Town	Pretoria	Pretoria	Pretoria
12:00	10:00	13:00	14:00	10:00	Time	Time	Time	Time	10:00
Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:
Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness
Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:
Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS
Venue: SANSA (South African National Space Agency)	Venue: Walter Sisulu National Botanical Garden	Venue: Transnet Koedoespoort	Venue: La Montagne Primary School (Johannesburg)	Venue: Statistics South Africa Isibalo House, Javokop PTA	Venue:	Venue:	Venue: Pretoria National Botanical Garden	Venue: Transnet Klerpark	Venue: Transnet Klerpark
Address: Farm No 502 JQ Hornebeesthoek District Krugersdorp	Address: Walter Sisulu National Botanical Garden, Malcolm Road, Potchefstroom, Roadepoort	Address: Cnr. Lynette street and Koedoespoort Road, Koedoespoort, Pretoria, Gauteng	Address: 270 Luctor St, La Montagne, Pretoria, 0184	Address: Statistics South Africa Isibalo House, Javokop PTA	Address:	Address:	Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Bummeria Pretoria	Address: 160 Lynette Street Kler Park Pretoria 0186	Address: 160 Lynette Street Kler Park Pretoria 0186
Contact: Samuel Mello	Contact: Ms. Onica Ramapupulla Employee Health & Wellness	Contact: Ms Bonga Billi EAP Manager	Contact: Ms Pilay Principal	Contact: Cynthia Mabasa	Contact:	Contact:	Contact: Ms. Onica Ramapupulla Employee Health & Wellness	Contact: Dikeledi Ledwaba	Contact: Dikeledi Ledwaba
Tel: +27 12 334 5022	Tel: 012 843 5227 Email: a.ramapupulla@sanbi.org.za	Cel: 040 583 4386 Tel: 012 842 5182 Email: nokubonga.billi@transnet.net	Cel: 082 578 4127 Tel: 012 803 8548 Email: principal@lamontagneps.co.za	Cel: 0769810628 Email: cynthiamabasa@statsa.org.za			Tel: 012 843 5227 Email: a.ramapupulla@sanbi.org.za	Tel: 012 3911 310 Email: dikedledi@transnet.net	Tel: 012 3911 310 Email: dikedledi@transnet.net
Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by:	Hosted by:	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic
30-Sep	01-Oct	02-Oct	03-Oct	04-Oct	05-Oct	06-Oct	07-Oct	08-Oct	09-Oct
Pretoria	Roadepoort	Midrand	Centurion	Pretoria	Town	Town	Pretoria	Pretoria	Pretoria
09:30	12:00	12:00	18:00	09:00	Time	Time	Time	12:00	11:00
Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:
Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness
Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:
Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS
Venue: Department of Environmental Affairs	Venue: Walter Sisulu National Botanical Garden	Venue: Varsity College	Venue: Vista Clinic, Boabab	Venue: Prospektus Novus School	Venue:	Venue:	Venue: Pretoria National Botanical Garden	Venue: Transnet Klerpark	Venue: Transnet Klerpark
Address: 473, Steve Biko Rd & Soutpansberg Rd, Arcadia, Pretoria, 0083	Address: Walter Sisulu National Botanical Garden, Malcolm Road, Potchefstroom, Roadepoort	Address: 11 Riverview Park, Janzels Avenue, Midrand, 1686	Address: 135 Gerhard Street, Die Hoewes, Centurion, 0157	Address: Louis Richard St, Mayville, Pretoria, 0084	Address:	Address:	Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Bummeria Pretoria	Address: 160 Lynette Street Kler Park Pretoria 0186	Address: 160 Lynette Street Kler Park Pretoria 0186
Contact: Ninko Mamahopata	Contact: Ms. Onica Ramapupulla Employee Health & Wellness	Contact: Dineo Masoko (Student Relationship Manager)	Contact: Inge Muller	Contact: Reception ask for Principal Kingma	Contact:	Contact:	Contact: Ms. Onica Ramapupulla Employee Health & Wellness	Contact: Dikeledi Ledwaba	Contact: Dikeledi Ledwaba
Tel:	Tel: 012 843 5227 Email: a.ramapupulla@sanbi.org.za	Tel: 010 224 4300 Email: dmaseko@varsitycollege.co.za	Tel: 012 464 0222 ext 130 Email: inge@crazyforwalking.co.za	Tel: 012 335 3334 or 012 335 4322 Email: admin@prospektusnovus.co.za or reception@prospektusnovus.co.za			Tel: 012 843 5227 Email: a.ramapupulla@sanbi.org.za	Tel: 012 3911 310 Email: dikedledi@transnet.net	Tel: 012 3911 310 Email: dikedledi@transnet.net
Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by:	Hosted by:	Hosted by: Vista Clinic	Hosted by: Vista Clinic	Hosted by: Vista Clinic
30-Sep	01-Oct	02-Oct	03-Oct	04-Oct	05-Oct	06-Oct	07-Oct	08-Oct	09-Oct
Centurion	Pretoria - Rietfontein	Centurion	Midrand	Pretoria	Town	Town	Pretoria	Pretoria	Pretoria
18:00	13:50	18:00	13:00	15:00	Time	Time	Time	10:00	09:30
Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:	Mental health Speaker:
Topic: Mood Disorders	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic: Mental Health Awareness	Topic:	Topic:	Topic:	Topic: Mental Health Awareness	Topic: Mental Health Awareness
Mental wellness Speaker:	Mental wellness Speaker:		Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:	Mental wellness Speaker:
Topic: Happiness HELPS	Topic: Happiness HELPS		Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS	Topic: Happiness HELPS
Venue: Vista Clinic, Boabab	Venue: Magolies Special School (Private)	Venue: Vista Clinic, Boabab	Venue: Sedi-Laka Primary School (Midrand)	Venue: Oufurance	Venue:	Venue:	Venue:	Venue: Bush & Lomb	Venue: Pretoria Boys High
Address: 135 Gerhard Street, Die Hoewes Centurion	Address: 717 21st Ave, Rietfontein, Pretoria, 0084	Address: 135 Gerhard Street, Die Hoewes, Centurion	Address: 3119 Cnr Archerfish & Angelfish, Kooftfontein Ext 6, Midrand	Address: 1241 Embankment Road, Zwartkops, Centurion	Address:	Address:	Address:	Address: 254 Hall St, Die Hoewes, Centurion, 0157	Address: Roper Street, Brooklyn, Pretoria, Gauteng
Contact: Inge Muller	Contact: Sonniko Nel (Social Worker)	Contact: Inge Muller	Contact: Ishagofah Mamphe (Mogopeng)	Contact: Anje van der Westhuizen	Contact:	Contact:	Contact:	Contact: Rene Lindeque (HR Manager)	Contact: Donne Barnard (School psychologist)
Tel: 012 464 0222 ext 130	Cel: 084 246 3939	Tel: 012 464 0222 ext 130	Tel: 082 890 8553/ 083 458 9390	Tel: 012 7495 556				Tel: 010 025 2100	Tel: 012 440 2246

[illegible]



10-Oct		10-Oct		27-Sep		26-Sep															
		Pretoria		Pretoria		Midrand															
		06:00		13:00		10:00															
Mental health Speaker:		Mental health Speaker:		Mental health Speaker:		Mental health Speaker:		Topic: Mental Health Awareness													
Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness													
Mental wellness Speaker:		Mental wellness Speaker:		Mental wellness Speaker:		Mental wellness Speaker:		Topic: Mental Health Awareness													
Topic: Happiness HELPS		Topic: Happiness HELPS		Topic: Happiness HELPS		Topic: Happiness HELPS		Topic: Mental Health Awareness													
Venue:		Venue: Pretoria National Botanical Gardens		Venue: Stegmanns Incorporated		Venue: Datacentrix (Midrand)		Topic: Mental Health Awareness													
Address:		Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Brummetjie/Pretoria		Address: 379 Lynnwood Road, Merito Park, Pretoria		Address: Corporate Park North 238 Roan Crescent, 1685 Old Pretoria Road, Midrand		Topic: Mental Health Awareness													
Contact:		Contact: Inge Muller		Contact: Jana Doussy (Attorney)		Contact: Constance Ratepelle (HR Coordinator)		Topic: Mental Health Awareness													
Tel:		Tel: 012 664 0222 ext 130 Email: inge@cozyforwalking.co.za		Tel: (0)84 133 3402 Cell: 079 775 0903 Email: jana@stegmanns.co.za		Tel: (0)87 741 5000 Cell: 072 809 0323 Email: cratepelle@datacentrix.co.za		Topic: Mental Health Awareness													
Email:								Topic: Mental Health Awareness													
Hosted by: Visto Clinic		Hosted by: Visto Clinic		Hosted by: Visto Clinic		Hosted by: Visto Clinic		Topic: Mental Health Awareness													
10-Oct		10-Oct				26-Sep															
		Pretoria				Samrand															
		07:00				10:00															
Mental health Speaker:		Mental health Speaker:				Mental health Speaker:															
Topic: Mental Health Awareness		Topic: Mental Health Awareness				Topic: Mental Health Awareness															
Mental wellness Speaker:		Mental wellness Speaker:				Mental wellness Speaker:															
Topic: Happiness HELPS		Topic: Happiness HELPS				Topic: Happiness HELPS															
Venue:		Venue: Pretoria National Botanical Gardens				Venue: Datacentrix (Samrand)															
Address:		Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Brummetjie/Pretoria				Address: Corporate Park North 238 Roan Crescent, 1685 Old Pretoria Road, Midrand															
Contact:		Contact: Inge Muller				Contact: Constance Ratepelle (HR Coordinator)															
Tel:		Tel: 012 664 0222 ext 130 Email: inge@cozyforwalking.co.za				Tel: (0)87 741 5000 Cell: 072 809 0323 Email: cratepelle@datacentrix.co.za															
Email:																					
Hosted by: Visto Clinic		Hosted by: Visto Clinic				Hosted by: Visto Clinic															
10-Oct		10-Oct																			
		Pretoria																			
		08:00																			
Mental health Speaker:		Mental health Speaker:		Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness													
Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness													
Mental wellness Speaker:		Mental wellness Speaker:						Topic: Mental Health Awareness													
Topic: Happiness HELPS		Topic: Happiness HELPS						Topic: Mental Health Awareness													
Venue:		Venue: Pretoria National Botanical Gardens						Topic: Mental Health Awareness													
Address:		Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Brummetjie/Pretoria						Topic: Mental Health Awareness													
Contact:		Contact: Inge Muller						Topic: Mental Health Awareness													
Tel:		Tel: 012 664 0222 ext 130						Topic: Mental Health Awareness													
Email:		Email: inge@cozyforwalking.co.za						Topic: Mental Health Awareness													
Hosted by: Visto Clinic		Hosted by: Visto Clinic						Topic: Mental Health Awareness													
10-Oct		10-Oct																			
		Pretoria																			
		08:00																			
Mental health Speaker:		Mental health Speaker:																			
Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness		Topic: Mental Health Awareness													
Mental wellness Speaker:		Mental wellness Speaker:						Topic: Mental Health Awareness													
Topic: Happiness HELPS		Topic: Happiness HELPS						Topic: Mental Health Awareness													
Venue: Ironset Kinherpark		Venue: Pretoria National Botanical Gardens						Topic: Mental Health Awareness													
Address: 160 Lynette Street Klerk Park Pretoria 0186		Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Brummetjie/Pretoria						Topic: Mental Health Awareness													
Contact: Dikeledi Ledwaba		Contact: Inge Muller						Topic: Mental Health Awareness													
Tel: 012 3911 310		Tel: 012 664 0222 ext 130						Topic: Mental Health Awareness													

Email: <a href="mailto:dikledi@transnet.net">dikledi@transnet.net</a>	Email: <a href="mailto:inge@crazyforwalking.co.za">inge@crazyforwalking.co.za</a>
Hosted by: Visto Clinic	Hosted by: Visto Clinic
10-Oct	10-Oct
Pretoria	Pretoria
10:00	10:00
Mental health Speaker:	Mental health Speaker:
Topic: Mental Health Awareness	Topic: Mental Health Awareness
Mental wellness Speaker:	Mental wellness Speaker:
Topic: Happiness HELPS	Topic: Happiness HELPS
Venue: Transnet Klerkpark	Venue: Pretoria National Botanical Gardens
Address: 160 Lynette Street Klerk Park Pretoria 0186	Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Bummetia/Pretoria
Contact: Dikledi Ledwaba	Contact: Inge Muller
T: 012 3911 310 E: <a href="mailto:dikledi@transnet.net">dikledi@transnet.net</a>	Tel: 012 444 0222 ext 130 Email: <a href="mailto:inge@crazyforwalking.co.za">inge@crazyforwalking.co.za</a>
Hosted by: Visto Clinic	Hosted by: Visto Clinic
10-Oct	10-Oct
12:00	Pretoria
Time:	11:00
Mental health Speaker:	Mental health Speaker:
Topic: Mental Health Awareness	Topic: Mental Health Awareness
Mental wellness Speaker:	Mental wellness Speaker:
Topic: Happiness HELPS	Topic: Happiness HELPS
Venue: Transnet Klerkpark	Venue: Pretoria National Botanical Gardens
Address: 160 Lynette Street Klerk Park Pretoria 0186	Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Bummetia/Pretoria
Contact: Dikledi Ledwaba	Contact: Inge Muller
T: 012 3911 310 E: <a href="mailto:dikledi@transnet.net">dikledi@transnet.net</a>	Tel: 012 444 0222 ext 130 Email: <a href="mailto:inge@crazyforwalking.co.za">inge@crazyforwalking.co.za</a>
Hosted by: Visto Clinic	Hosted by: Visto Clinic
10-Oct	10-Oct
Pretoria	Pretoria
Time:	12:00
Mental health Speaker:	Mental health Speaker:
Topic:	Topic: Mental Health Awareness
Mental wellness Speaker:	Mental wellness Speaker:
Topic: Happiness HELPS	Topic: Happiness HELPS
Venue:	Venue: Pretoria National Botanical Gardens
Address:	Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Bummetia/Pretoria
Contact:	Contact: Inge Muller
	Tel: 012 444 0222 ext 130 Email: <a href="mailto:inge@crazyforwalking.co.za">inge@crazyforwalking.co.za</a>
Hosted by:	Hosted by: Visto Clinic
10-Oct	10-Oct
Pretoria	Pretoria
Time:	13:00
Mental health Speaker:	Mental health Speaker:
Topic:	Topic: Mental Health Awareness
Mental wellness Speaker:	Mental wellness Speaker:
Topic: Happiness HELPS	Topic: Happiness HELPS
Venue:	Venue: Pretoria National Botanical Gardens
Address:	Address: Pretoria National Botanical Garden 02 Cussonia Avenue, Bummetia/Pretoria
Contact:	Contact: Inge Muller
	Tel: 012 444 0222 ext 130 Email: <a href="mailto:inge@crazyforwalking.co.za">inge@crazyforwalking.co.za</a>
Hosted by:	Hosted by: Visto Clinic
10-Oct	10-Oct
Pretoria	Pretoria
14:00	
Mental health Speaker:	
Topic: Mental Health Awareness	
Mental wellness Speaker:	
Topic: Happiness HELPS	

<b>Venue:</b> Pretoria National Botanical Gardens
<b>Address:</b> Pretoria National Botanical Garden 02 Cussonia Avenue, Bunniesia/Pretoria
<b>Contact:</b> Inge Muller <b>Tel:</b> 012 664 0222 ext 130 <b>Email:</b> inge@crazyforwalking.co.za
<b>Hosted by:</b> Visto Clinic
<b>10-Oct</b>
<b>Pretoria</b>
<b>15:00</b>
<b>Mental health Speaker:</b>
<b>Topic:</b> Mental Health Awareness
<b>Mental wellness Speaker:</b>
<b>Topic:</b> Happiness HELPS
<b>Venue:</b> Pretoria National Botanical Gardens
<b>Address:</b> Pretoria National Botanical Garden 02 Cussonia Avenue, Bunniesia/Pretoria
<b>Contact:</b> Inge Muller <b>Tel:</b> 012 664 0222 ext 130 <b>Email:</b> inge@crazyforwalking.co.za
<b>Hosted by:</b> Visto Clinic
<b>10-Oct</b>
<b>Pretoria</b>
<b>16:00</b>
<b>Mental health Speaker:</b>
<b>Topic:</b> Mental Health Awareness
<b>Mental wellness Speaker:</b>
<b>Topic:</b> Happiness HELPS
<b>Venue:</b> Pretoria National Botanical Gardens
<b>Address:</b> Pretoria National Botanical Garden 02 Cussonia Avenue, Bunniesia/Pretoria
<b>Contact:</b> Inge Muller <b>Tel:</b> 012 664 0222 ext 130 <b>Email:</b> inge@crazyforwalking.co.za
<b>Hosted by:</b> Visto Clinic
<b>10-Oct</b>
<b>Pretoria</b>
<b>17:00</b>
<b>Mental health Speaker:</b>
<b>Topic:</b> Mental Health Awareness
<b>Mental wellness Speaker:</b>
<b>Topic:</b> Happiness HELPS
<b>Venue:</b> Pretoria National Botanical Gardens
<b>Address:</b> Pretoria National Botanical Garden 02 Cussonia Avenue, Bunniesia/Pretoria
<b>Contact:</b> Inge <b>Tel:</b> 012 664 0222 ext 130 <b>Email:</b> inge@crazyforwalking.co.za
<b>Hosted by:</b> Visto Clinic
<b>10-Oct</b>
<b>Pretoria</b>
<b>18:00</b>
<b>Mental health Speaker:</b>
<b>Topic:</b> Mental Health Awareness
<b>Mental wellness Speaker:</b>
<b>Topic:</b> Happiness HELPS
<b>Venue:</b> Pretoria National Botanical Gardens
<b>Address:</b> Pretoria National Botanical Garden 02 Cussonia Avenue, Bunniesia/Pretoria
<b>Contact:</b> Inge Muller <b>Tel:</b> 012 664 0222 ext 130 <b>Email:</b> inge@crazyforwalking.co.za
<b>Hosted by:</b> Visto Clinic

[illegible][illegible]





[illegible][illegible]





[illegible][illegible]





[illegible][illegible]





[illegible][illegible]





[illegible][illegible]





[illegible][illegible]





[illegible][illegible]





